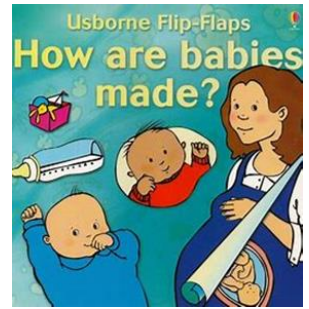


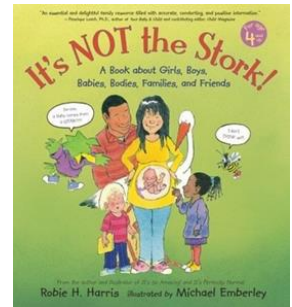
## Books for Parents – All Available on Amazon Books

### ABOUT WHERE BABIES COME FROM

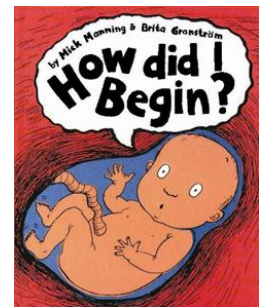
**How are Babies Made, by Alistair Smith** Using simple language this book explains to young children about how babies are made, how long they stay in a mummies tummy and what they can do when they are new-borns.



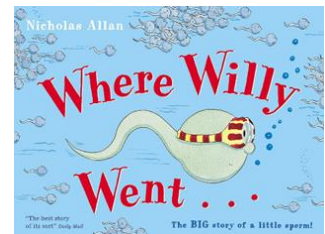
**It's Not the Stork, by Robie H Harris** Suitable for preschool children to age 8. This children's picture book is all about conception, gestation and birth. The text includes all kinds of children, adults, and families.



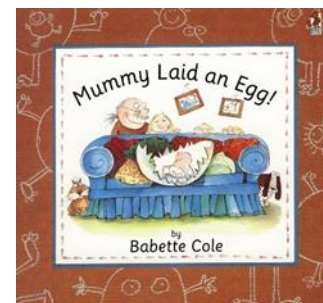
**How did I begin? by Mick Manning and Brita Gronstrom** A gentle introduction to human reproduction and the growth and development of a baby within the womb.



**Where Willy Went by Nicholas Allan** A funny story about the facts of life for 5 to 7-year-olds, featuring Willy, a sperm that lives inside Mr Browne. Will Willy swim faster than the 500 million other sperms to reach the egg first?



**Mummy Laid an Egg by Babette Cole** Funny but informative book for young children. This picture book communicates the facts of life in a straightforward but light-hearted way, whilst dispelling many of the silly myths that grown-ups often use to cover their embarrassment.



**Making a Baby. An Inclusive Guide to how Every Family Begins, by Rachel Greener** This inclusive book, suitable for young 6 – 10, covers the different ways that a baby can be made, including sperm and egg, egg donation, IUI, IVF, surrogacy and adoption. It also covers how a baby grows in the womb and the ways a baby can be born.

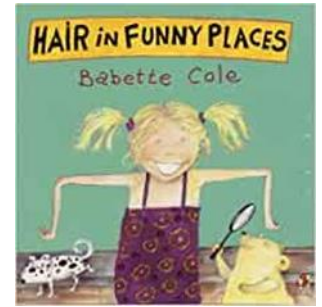


## BOOKS ABOUT BODY CHANGES AND GROWING UP

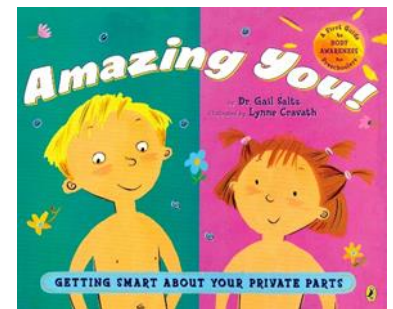
**Once There Were Giants by Martin Waddell and Penny Dale** Aimed at 3 – 5-year-olds, this book explores what it must be like to be a baby, living in a world of giants. The content explores the stages of life and development through the eyes of a little girl who eventually grows up and becomes a giant herself.



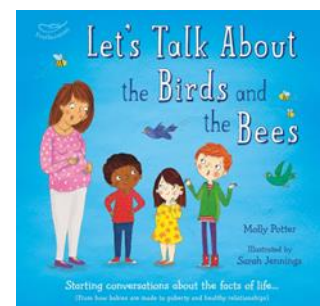
**Hair in Funny Places by Babette Cole** A child-friendly look at puberty and the growth of 'Hair in Funny Places'. This is a children's storybook looking at the lives of Mr and Mrs Hormone and the journey that is puberty.



**Amazing you! Getting Smart about your Private Parts by Gail Saltz** This is a picture book for young children who are becoming aware of their bodies. It presents clear, age-appropriate information about reproduction, (but not sexual reproduction), birth and the differences between girls' and boys' bodies.



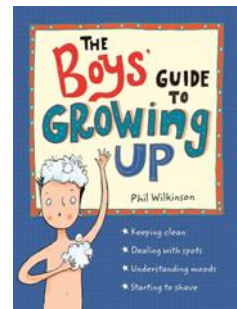
**Let's Talk about the Birds and Bees, by Molly Potter** Starting conversations about the facts of life (From how babies are made to puberty and healthy relationships). Using clear honest language, this book answers the most common questions children ask about puberty, sex, reproduction and relationships.



**Girl Talk by Lizzie Cox** Suitable for 8–11-year-olds. A guide with covers puberty, personal hygiene, bullying, relationships and social media. This book offers practical advice to support young girls to navigate adolescence.



**The Boys Guide to Growing Up by Phil Wilkinson and Sarah Horne** A positive guide for boys as they approach puberty. This book explains what will happen to their bodies including body hair and vocal changes, and how hormones may affect their emotions. It also covers healthy eating, self-esteem and aims to dispel myths and reassure boys about the positives associated with adolescence.

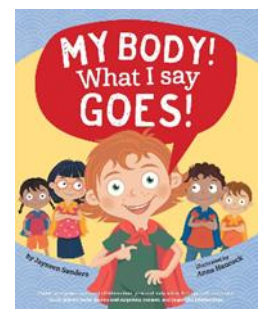


**The Puberty Book by Wendy Darvill and Kelsey Powell** For girls and boys aged 9 – 11. This book has been termed the classic puberty book for girls and boys. It covers the physical and emotional changes experienced in puberty and is based on the author's work with real young people and parents.



## BOOKS ABOUT PERSONAL SPACE AND KEEPING SAFE

**My Body! What I Say Goes by Jayneen Sanders** Helps to teach children about inappropriate touch. The book covers correct names for body parts, body safety, safe/unsafe touch, private parts, secrets/surprises, consent and respect.



**No Means No! by Jayneen Sanders** This book teaches personal boundaries, consent; empowering children by respecting their choices about their bodies, and their right to say 'no!'



**My Underpants Rule by Rod Power** Teaches the underpants rule through rhymes, songs and scenarios.

